



CENTEC 9 RULES TO WORKING SAFELY Jan. 25, 2018

Centec's commitment to continual improvement is achieved through the investment in people by safely providing our clients with quality products and services!

Centec's 9 Rules to Working Safely are a vital part of this policy statement. Based on past observations and incidents that have occurred to Centec, client and contractor personnel our purpose behind these rules are to ensure complacency is eliminated by realizing and addressing the dangers ahead of time so that everyone makes it home safely at the end of the day.

As Centec management hold these rules important, it is ultimately each person who has to not only choose to live by these rules but work with others who may not be in compliance. Violation of any of these policies will be handled with the appropriate disciplinary action.



Rule #1 – Fall Protection – Will you put your life in someone else's hands?
Always ensure that you inspect your fall protection equipment and that it properly fits according to the manufacturer's recommendations.



Rule #2 – WHMIS – By the time you need to know what to do, it's too late!
Ensure you review the MSDS of the materials you are working with. Be familiar with the first aid requirements and containers are labelled properly.



Rule #3 – Confined Space Entry – Stop, Think, Act!
Be aware of getting yourself trapped or being trapped with dangerous gases before entering any area.



Rule #4 – Ground Disturbance – Always have a permit before you dig!
Always follow procedures for locating, positively identifying and excavating buried facilities.



Rule #5 – Isolation of Energized Systems – Are you sure it is safe?
If the client does not have an adequate LOTO system in place, the minimum standard is the Centec LOTO policy.



Rule #6 – Safety Equipment – When it's needed, will it work?
Where is the nearest Fire Extinguisher? First aid kit? Eyewash / Shower station?



Rule #7 – Fatigue – Someone else's condition is your responsibility!
Ensure you and your coworkers are alert, well rested and fit for the appropriate activity that is required of you.



Rule #8 – Vehicle Traffic – Keep your head on a swivel!
Ensure all drivers and operators can see you at all times. They have the right of way until they tell you that you do.



Rule #9 – Moving Loads – What is the worst thing that could happen?
Ensure you are not in the path of any falling load, loads that come apart or vehicle tipping over due to weight shifting.